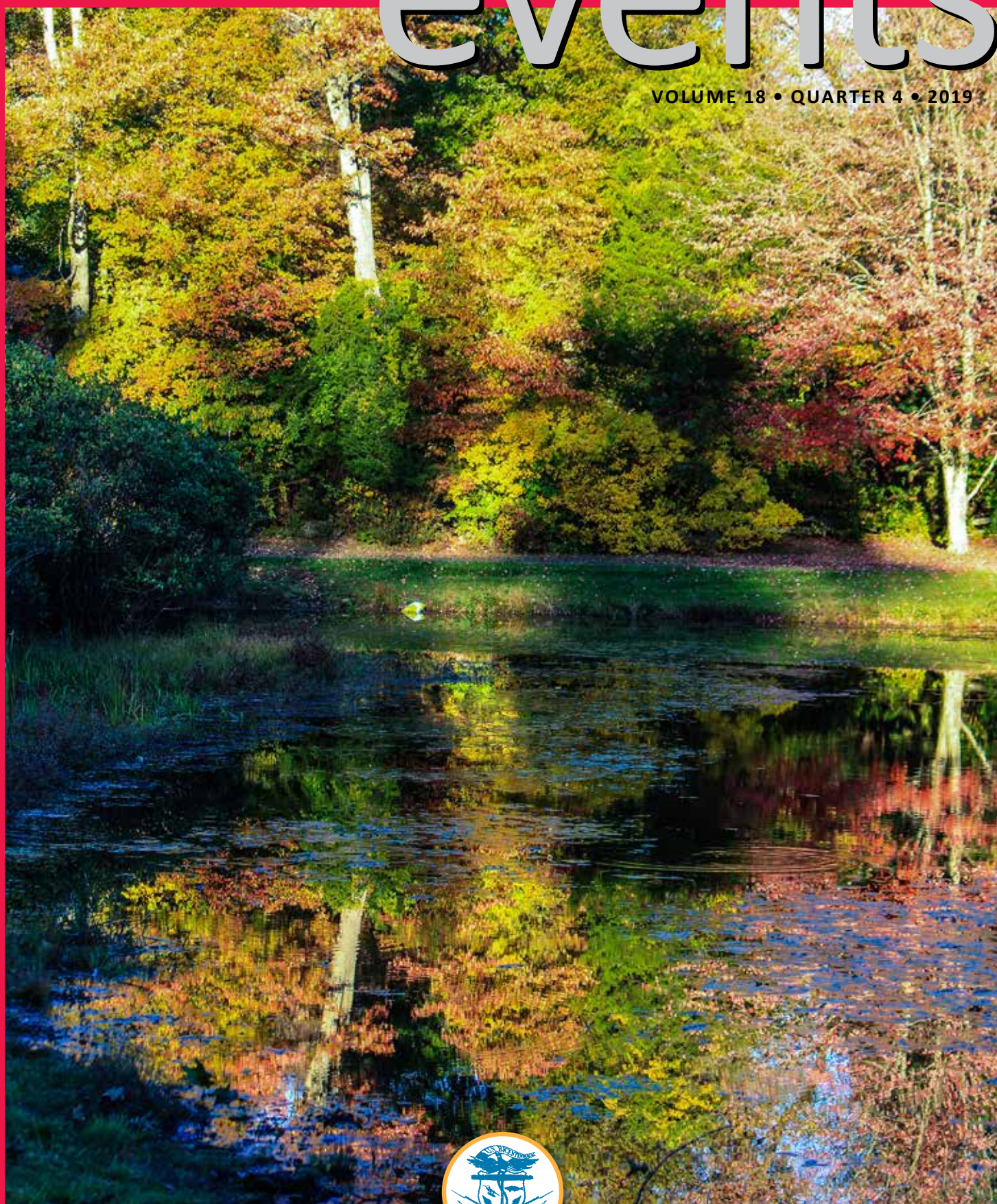


# Clinton events

VOLUME 18 • QUARTER 4 • 2019



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# The First Selectman's Corner

## *It's Been My Honor!*

By the time you read this edition, the Town of Clinton will have transitioned to a new Town Charter, Town Council and Town Manager form of government. It has been my honor to serve you as the last First Selectman of the Town. I'm proud of the accomplishments made under my two-year term and the stability created during this time of change. You can still find me out-and-about engaged in future planning, pushing for benefits and amenities for seniors, supporting the connection of our greenway, working on affordable housing initiatives, and looking for grants to support the creation of sustainable economic development in the areas of existing infrastructure.

## **A New Town Manager for Clinton...**

The Board of Selectmen appointed a Town Manager Search Committee and promoted the Town Manager position nationally with assistance from executive search consultant, Strategic Government Resources (SGR). On October 3<sup>rd</sup>, the Search Committee received a briefing from SGR on the applicants which resulted in the selection of 12 semifinalists who were asked to respond to a written questionnaire and to participate in pre-recorded video interviews.

By the municipal election on November 5th, the seven Town Council-Elect members and the Search Committee will have met

to review the semifinalist's material and to select 3-5 finalists to be invited to participate in the onsite interview process, scheduled for December 2<sup>nd</sup> & 3<sup>rd</sup>. The candidate finalists will have undergone additional vetting including a psychometric assessment, a thorough media search, and a rigorous background investigation.



Christine Goupil, First Selectman

The onsite interview process will have included candidate tours of the community. Perfect timing for the candidates to see our "Jewel of the Shoreline" at the Chamber of Commerce's annual celebration of the season CHRISTMAS IN CLINTON on December 1st from 1:00 pm to 5:00 pm. Look for the luminaries along East Main Street, special activities and performances, treats and shopping and more!

On Monday, December 2nd there will be a public candidate "Meet & Greet" at approximately 6:30 pm in the Green Room of Town Hall. You'll get an opportunity to chat with the candidates in an informal setting.

**continued on page 4**



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The December 3rd meeting will be a Town employee “Meet & Greet” with the candidates, followed by interviews with the Town Council. The newly seated Town Council would be in a position to extend an employment offer to the final qualified candidate shortly following the onsite interview process.

Updates on the Town Manager search and appointment will be made weekly at Board of Selectmen meetings until November 19<sup>th</sup>. Afterwards it will be meetings of the newly seated seven-member Town Council.

### MORE TOWN NEWS:



Selectman Phil Sengle, Selectman Jack Scherban,  
First Selectman Christine Goupil and Selectman Tim Guerra.

You can now watch meeting recordings of the Board of Selectmen and, after November 19<sup>th</sup>, meetings of the new Town Council on Valley Shore Community television. Links to the weekly meeting videos can be found directly on the front page of the Town of Clinton website under “View Board of Selectman Meetings”. [www.Clintonct.org](http://www.Clintonct.org)

Christine Goupil, First Selectman





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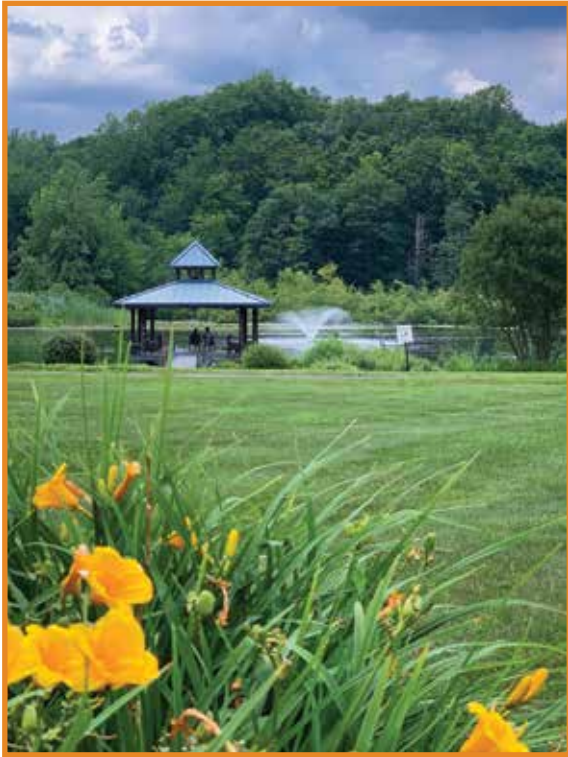
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## From the Town Clerk's Office

The Town Clerk serves as Clinton's keeper of records for all documents that pertain to the Town and its residents.

This includes, but not limited to, land records, survey maps, birth certificates, death certificates, marriage licenses, dog licenses, and much more.

We house and safeguard all of the Town's permanent public records.

Records are available 7 days a week, 24 hours a day on the Town Clerk portal.

Our online records date back to Book 106, year 1976.  
<https://recordhub.cottsystems.com/>

### HOURS

Monday, Tuesday & Wednesday 9:00 am - 4:00 pm

Thursday 9:00 am - 7:00 pm

Friday 9:00 am to 12:00 pm

Sharon Uricchio, CCTC, Clinton Town Clerk  
860-669-9101

## From the desk of the Tax Collector

### Taxes will be due again January 1, 2020

- The second installment of town tax for real estate and personal property taxes will be due on January 1, 2020.
- Supplemental motor vehicle taxes will be due January 1, 2020 by any person who owns a motor vehicle which was registered after the first day of October 2018 and registered before the first day of August 2019 in the town where such vehicle is subject to property tax.

### From the Connecticut Department of Motor Vehicles website: Current Connecticut Resident:

- Connecticut law requires all **Connecticut residents** with a vehicle registration, driver's license, or non-driver identification card to notify the DMV **within 48 hours of any change of address. Changing your address on your license does not change the address on your registered vehicle(s) or vice versa. Be sure to correct the tax town code on the change of address form as well when moving from one town to another.**

## Moving into Connecticut from out of state:

- Once you have established residency in Connecticut, you have **30 days** to transfer your out-of-state license to Connecticut. You have **60 days** to transfer your vehicle registration(s) to this state.

Visit the Connecticut Department of Motor Vehicles website for additional information: [www.ct.gov/dmv](http://www.ct.gov/dmv)

## Here are just a few of the online services as listed on the DMV website:

Please take the time to check your license vehicle registration(s) and emissions status. You can cancel your plates online (be sure to print a receipt of the cancellation) and you can re-register a vehicle (check out the timeframe).

If you owe municipal motor vehicle property taxes you cannot register or re-register any vehicle. You will need to resolve your tax issue(s) before attempting to register or re-register.

If you owe taxes to the Town of Clinton, contact the Clinton Tax Office at 860-669-9067.

Tax Collector Lisa Bibbiani

## The Arbor Garden Club of Clinton

The Arbor Garden Club of Clinton was founded and federated on 1960, with the purpose of promoting the advancement of gardening, to add beauty to home, town and state and to aid in the conservation of flowers, trees and wildlife.

The club sponsors an annual "Festival of Trees and Wreaths" in the Clinton Town Hall rotunda as a part of the Clinton community "Christmas In Clinton." Our member designed items are offered for sale to the public through a silent auction. We also create small boxwood trees for sale. All proceeds support our annual Lucy Rathbone Elliot Scholarship of \$1000 to be given to a graduating senior from Clinton majoring in an environmental science. Also, the club members decorate the Vece Gazebo for the holiday season.

Members collaborate with the Clinton Art Society during their annual summer exhibit by creating floral designs inspired by the paintings. A calendar is produced from this event for sale to the public. Centerpieces are provided for the opening receptions of the Art Show and The Opera of Connecticut.

In the spring, the club designs, plants and maintains the town planters along Main Street, the Indian River Landing and Clinton Town Hall.

In 2020, we are celebrating our 60<sup>th</sup> Anniversary as a federated garden club. We are affiliated with Federated Garden Clubs of Connecticut, the New England Garden Clubs and the National Garden Clubs. We will sponsor educational programs on gardening and gardening related matters. Other community events will be announced throughout the year. They are open to the Clinton

community and all those interested from other communities.

Please follow us for upcoming events in the Harbor News, All Things Clinton, our Facebook page Arbor Garden Club of Clinton, check on the Clinton Calendar and watch the electronic board in front of the Annex for these events. For more information please email: [vingin13@yahoo.com](mailto:vingin13@yahoo.com) or phone me at 203-710-0133.

We welcome all to join in our community celebration!

Kind Regards, Virginia Casanova,  
President, Arbor Garden Club of Clinton

## St. Mary's Annual Christmas Fair

54 Grove Street, Clinton / November 23<sup>rd</sup> at 9:00 am - 2:00 pm  
• Raffle (prizes: \$1000, \$750 & \$250) • Bake sale • 30 vendors  
• children's shopping room • food & music • Mr. & Mrs. Santa Claus • Christmas music and the heart of Christmas.

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# Clinton Land Conservation Trust

## BEACH CLEANUP

The annual coastal cleanup at Clinton Town Beach and Cedar Island was a huge success. With over 40 volunteers, 362 lbs. of trash was collected on the beach, in the marsh, along waterways and on the shores of Cedar Island.

Special thanks to all the volunteers who took time from their weekend to participate in this great effort.

The cleanup is part of the International Coastal Cleanup, which is coordinated in Connecticut by Save the Sound, a program of Connecticut Fund for the Environment.

The Clinton cleanup is sponsored by the Clinton Land Conservation Trust.

Kim Flanagan, CLCT Board Member



## End-of-Year Tips from the Pharmacist

As the days keep getting shorter, does it feel as though there are fewer than 24 hours in a day? With the holidays right on the horizon, there's so much to think about and so much to do. Here are a few end-of-year reminders to make sure your

health - and your pocketbook - doesn't get the short end of the stick.

**1. Get your flu shot.** If you're like many people, getting a flu vaccination can easily slip your mind. But a flu shot is too important to get bumped to the bottom of your priority list. Every flu season is different, and every person responds to the flu in a different way. The flu can lead to hospitalizations and even death. The flu season often begins in October, so there's no better time than the present.

**2. Plan for Medicare open enrollment.** Every year, the open enrollment for Medicare is October 15 through December 7. This is when you can change your health plan and prescription drug coverage. You can get more information here: Call 1-800-MEDICARE or go to [www.medicare.gov](http://www.medicare.gov). You'll find a wealth of resources to help you compare hospitals, doctors, drug plans, and other health care services. But if you need more help making comparisons and choices, we can help. Just ask.

**3. Switch to generics.** Generic medications are identical to brand-name drugs in dosage, form, safety, strength, route of administration, quality, performance traits, and intended use. Here's how they're different: They're usually much less expensive than brand-name drugs. Not all medications have a generic equivalent for a brand-name drug. One way to find out is to go to [Drugs@FDA](mailto:Drugs@FDA). Or, we can also talk this over. Switching to a generic medication might put a few (maybe more than a few) extra dollars back in your pocket. Wouldn't it be nice to have a little extra money for the holidays - or to use however you choose?



Clinton Insurance Center



### Remember Medicare Open Enrollment

October 15 - December 7

We want to Help With Your Medicare Needs.

Your Hometown Medicare Specialist

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*Certified Broker*

**860-669-9288**

16 West Main Street, Clinton

[rnbins@yahoo.com](mailto:rnbins@yahoo.com)



4. **Use or lose it.** Do you have a flexible spending account (FSA)? This is a special account you put money into to pay certain out-of-pocket health costs. That might include copayments, deductibles, drugs, and other health care costs. Limited to \$2,550 each year, this money is not taxable.

If you have an FSA, now is the time to use up your health benefit dollars - or you'll lose them! Schedule eye or medical checkups before the end of the year. Some employers make allowances, though. So check to see if you have a grace period for using up the money or if you can carry over a limited amount of funds to the next year.

5. **Schedule a "tune-up."** Why not schedule a meeting with your pharmacist to see if your medications are working as well as they can for you? Pharmacists can help you come up with ways to remember to take your drugs and to order refills - before you run out. Not happy with your drug's side effects? Both your doctor and your pharmacist can work with you to adjust your dose or to find a substitute. There's no need for you to suffer in silence.

Keith Lyke, Registered Pharmacist  
Killingworth Family Pharmacy



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## Local Author Wins Award!

Peggy Adler's book, "Images of America Clinton," has won the prize for Genealogical Resource Publication in the 2019 Literary Award Contest by the Connecticut Society of Genealogists, Inc.



## Henry Carter Hull Library

**What has all the fun of a book club, but none of the stress?** The HCH Library Book Chat! If you love books, coffee, chocolate, and breakfast don't miss our new monthly "Book Chat" series to share reviews, get reading suggestions, learn about hot titles, enter to win books, join an exclusive email list, and enjoy coffee and a light breakfast. Each guest will leave with a list of reading recommendations. Stop by Henry Carter Hull Library on the 4th Tuesday of the month at 9:30 am (no meeting in December) for this free monthly drop-in event for adults. Our special thanks goes to our Summer and Fall Book Chat sponsors, Lindt Chocolate Shop at Clinton Crossing Premium Outlets, The Shoreline of Clinton, and Doc's Bar & Grill. Interested being a sponsor for this event? Contact [sarah@hchlibrary.org](mailto:sarah@hchlibrary.org) for info.

**Did you know?** If you're not receiving our events email, you're missing out on valuable library updates and announcements. Not to worry - Sign up is quick and easy! Call us at 860-669-2342 and ask to be added to our email events newsletter, or visit [www.hchlibrary.org/subscribe](http://www.hchlibrary.org/subscribe) to start receiving weekly library news.

**Have an idea for a program?** Interested in sponsoring an event? Email [sarah@hchlibrary.org](mailto:sarah@hchlibrary.org) to discuss options. 100% of library events are funded by generous donations from citizens and community sponsors, and your support is appreciated.

*Sarah Borgnis-Tobin, Adult Programming Coordinator*

### UPCOMING ADULT EVENTS

#### Weekly Adult Events:

- **Itch to Stitch:** Mondays, 6:30 pm - 8:00 pm
- **Scrabble Club:** Tuesdays @ 1:00 pm
- **Intermediate Tai Chi:** Wednesdays @ 9:30 am
- **Gentle Yoga:** Thursdays @ 10:15 am
- **HCH Quilters:** Fridays, 9:00 am - 12:00 pm
- **Beginner Tai Chi:** Fridays @ 9:30 am

#### Monthly Adult Events:

- **New Movie Matinee:** 1st Monday @ 1:00 pm
- **Creative Writing Group:** 1st Monday @ 6:00 pm
- **TEDxHCHLibrary Talks:** 3rd Tuesday @ 9:30 am
- **Book Chat:** 4th Tuesday @ 9:30 am
- **Business Basics:** 1st Wednesday @ 6:00 pm



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**The Atlantic Discussion Group:** 4th Wednesday @ 9:30 am  
**Wellness Wednesday:** Last Wednesday @ 6:00 pm  
**Caregiver Support Group:** 2nd Thursday @ 5:30 pm

## SPECIAL EVENTS FOR ADULTS

- **Evening Art Film - The Peanut Butter Falcon** (2019):  
Mon. 11/18 @ 5:30 pm
- **Newcomer's Meet & Greet:** Tues. 11/19 @ 6:00 pm
- **Black Bears of Connecticut:** Wed. 11/20 @ 6:00 pm
- **Shop Small Market - Local & Handcrafted Items:** Sat. 11/30,  
10:00 am - 3:00 pm

Visit [www.hchlibrary.org](http://www.hchlibrary.org) or stop by for information about more upcoming events for adults.

## GREETINGS FROM THE CHILDREN'S ROOM!

Be sure to check out our 17 Museum Passes which offer discounts at a variety of art and science museums, zoos, The Mystic Seaport and Mystic Aquarium. Reserve yours today! Stop by and grab a brochure and check out our website for more details about our museum passes, weekly programs, special events, and Nutmeg Book Club. "Like" us on Facebook for additions and updates. Happy reading!

*Coralie Williams, Head of Children's Services*

## UPCOMING CHILDREN'S EVENTS through December 21, 2019

All weekly classes are first come, first served. No registration required. For descriptions of each program, upcoming events, and information about our museum passes, please visit: [www.hchlibrary.org](http://www.hchlibrary.org).

### MONDAY:

- **Baby & Me:** 4:00 pm - 4:45 pm (Birth - 24 months)
- **Imagination Station:** 12:00 pm - 7:00 pm (All ages)

### TUESDAY:

- **Love 2 Sign:** 9:30 am - 10:00 am (Birth - 6 years)
- **ABC Amigos:** 10:15 am - 10:45 am (Birth - 6 years)

### WEDNESDAY:

- **Crafty Kids:** 9:30 am - 10:00 pm (Older toddlers & preschoolers)
- **Kids In Motion:** 4:00 pm - 4:45 pm (Family fun)
- **Lego Club:** 4:00 pm - 5:00 pm (All ages)

### THURSDAY:

- **Yoga & Mindfulness:** 9:30 am - 10:00 am (Family fun)
- **Rainbow Music:** 4:00 pm - 4:45 pm (All ages)
- **KEVA Plank Club:** 4:00 pm - 5:00 pm (School-aged)

### FRIDAY:

- **Stories & More:** 10:00 am - 10:30 am (Toddlers & preschoolers)
- **Stay & Play:** 10:30 am - 11:30 am (All ages)



"Batty for Books" Bulletin Board

## SPECIAL EVENTS

- **Tween Crafts:** All day, every day in the Tween Space.
- **Read to Bee the Therapy Dog:** 1st Tuesday of each month,  
4:00 pm - 5:00 pm.
- **Nutmeg Book Club:** Monday, Nov. 18, 6:00 pm - 7:00 pm  
(4th- 6th graders). \*Please register
- **Tween Movie:** Thursday, Dec. 5, 1:00 pm (4th-7th graders).  
Vote for your favorite!
- **Tween Time - Gingerbread Houses:** Tuesday, Dec. 17, 3:30 pm  
(4th-7th graders). \*Please register

Call or check our website for updated weekly program information!

**continued on page 12**

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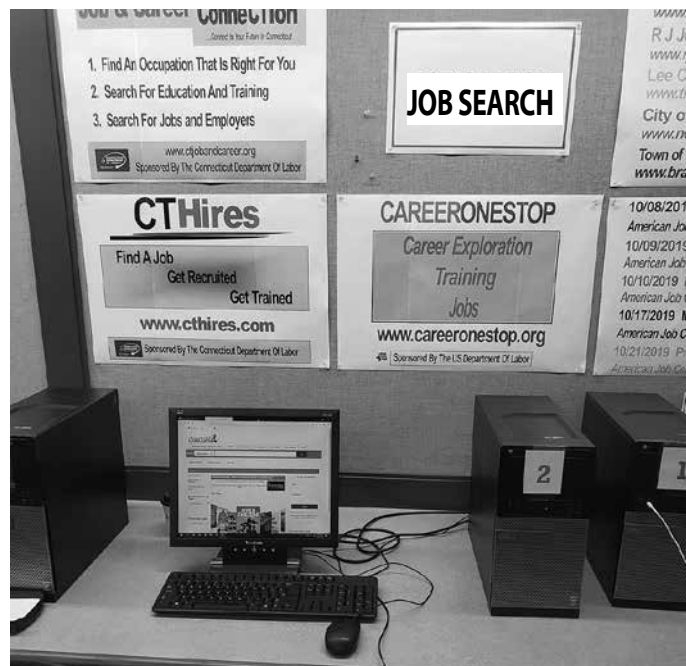
**A note about business and job resources available at the Henry Carter Hull Library and on [www.hchlibrary.org](http://www.hchlibrary.org):**

ReferenceUSA is an up-to-date online business and residential directory accessible for Clinton Cardholders at home or for anyone with a library card on HCH Library public computers via our website [www.hchlibrary.org](http://www.hchlibrary.org).

**Looking for a new job and want to research a company at the same time?** ReferenceUSA partners with [www.Indeed.com](http://www.Indeed.com) as well



as having their own trove of supplemental business information such as the square footage of a facility and the year of business establishment. Are you growing your own business?



ReferenceUSA partners with the United States Postal Service to be sure you have information regarding “New Movers/ Homeowners” to reach consumers new to the area in need of your goods and/or services. ReferenceUSA also contains a “U.S. Healthcare Database” so that you can search and filter medical providers according to factors such as location and credentials. Empower yourself with your library card by accessing information from ReferenceUSA! Want more information? Call 860-669-2342, email [askus@hchlibrary.org](mailto:askus@hchlibrary.org). Browse a variety of library resources available at [www.hchlibrary.org](http://www.hchlibrary.org).

## Families Helping Families

We are so thankful to live in a wonderful town called Clinton. The people and businesses in our town are truly amazing. I wish there was a way to give everyone a hug and express our sincere thanks. From our very first event to our appeal letter to our last event of the year people always find a way to help Families Helping Families.

We hope you will join us on Sunday December 1st when FHF will be hosting our annual “Soup’s On” event as part of Christmas in Clinton. The “Soup’s On” event will be held at The Body Karma Studio from 1-4. For five dollars people will be able to taste the many different

soups on display and vote for their favorite.

This year we will again be providing gift cards for Clinton “Tweens.” These are children who range in age from 10-12. Because they are too old for the “Toys For Tots” Christmas presents they tend to be forgotten at this time of year.

Our goal is to provide them with an assortment of gift cards, and that way they will have some gifts under their Christmas tree.

If you would like to join us in this effort you can go to our website [fhfclinton.org](http://fhfclinton.org)

and make an online donation.

Our calendar of events for 2020 starts on the last Sunday in January which will be January 26 when The Clinton Lions Club will be hosting their annual Pancake Breakfast to benefit FHF at The Clinton Town Hall from 8:30 -11:30. This breakfast is free but donations will be accepted to help fund Families Helping Families five community outreach programs. Again our sincere thanks for all your continuing support.

Miner T. Vincent  
President  
Families Helping Families



# The Clinton Parks and Recreation Department

## KIDS' KITCHEN

Calling all young chefs! We have 3 after school courses held at the Joel School café from 3:15-4:45. The cost is \$28 per class and this is for grades 1-4 only.

October 2<sup>nd</sup> was our ghost and goblins course. The young chefs worked with fondant, melted chocolate and other fun candies to create a spooky cupcake topper. Plus yummy pizza roll ups.

Our second course is November 13<sup>th</sup> to gear up for Thanksgiving. We will start the class by making pumpkin muffins and while they bake we will create delicious edible turkeys.

The last class of the year will be held December 11<sup>th</sup> creating snowman cupcake and stuffed shells.

At the end of each course your chef will leave with a packet of info on how to recreate what they made in class. Look for future flyers of our courses in 2020.

continued on page 14



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# JM REALTY

## Parks and Recreation ... continued from page 13

### YOGA FOUNDATIONS

Classes are held on Wednesday from 6 pm - 7 pm at the Indian River complex building located at 201 Killingworth Turnpike, Clinton. All levels of experience including new to yoga are welcome. The class is instructed by Wendy Baier Cartier and the cost is \$10 per session. Please bring a mat, a towel, water and any props that you may have (blocks and/or straps).

### ADULT ZUMBA

Come join the FUN at your own pace! Classes are held at the Indian River complex building located at 201 Killingworth Turnpike, Clinton. The cost is \$5 walk in fee per class. Monday evenings from 6 pm - 7 pm instructed by Susie Kane. Thursday mornings from 10 am - 11 am and Saturdays from 9 am - 10 am are instructed by Mary-Lou.

### ADULT CO-ED VOLLEYBALL

Open gym! Come have some fun and join us for a friendly game of volleyball. The games will be played on Monday evenings from 7:30 pm - 9:30 pm at the Jared Eliot gym. This runs from September 9<sup>th</sup> 2019 - June 8<sup>th</sup> 2020.

### ADULT MEN'S BASKETBALL

It's open gym! Stop by for a quick pick up game of basketball. The games are played Thursday evenings from 8 pm - 9:30 pm at the Jared Eliot gym. This runs from September 12<sup>th</sup> 2019 through November 14<sup>th</sup> 2019. It picks back up again March 26<sup>th</sup> 2020 through June 4<sup>th</sup> 2020.

### TRAVEL BASKETBALL BOYS & GIRLS GRADES 4<sup>th</sup>- 8<sup>th</sup>

This is our competitive program offered to boys and girls grades 4<sup>th</sup> through 8<sup>th</sup>. Try-outs are held in September and team players are selected to fill a 10 player roster. These teams play every Sunday from November 9<sup>th</sup>-February 9<sup>th</sup> between 7:30 am to 1:00 pm. Games are held at Morgan or Eliot, plus our opponent's gyms. The teams practice once or twice a week. The cost for this program is \$155 per player, \$245 for 2 children, \$295 for 3 or more players per family. Boys and girls in 4<sup>th</sup> grade will be charged \$75 per player instead of \$155. Uniforms are \$45 extra for this program. Returning players don't need a new uniform every year as long as the old one still fits.

### P&R BASKETBALL CLINIC FOR BOYS & GIRLS GRADES 3<sup>rd</sup>- 8<sup>th</sup>

The Parks and Recreation Department is having clinics for our basketball program on Saturday November 9<sup>th</sup> and 16<sup>th</sup> which is broken down into groups. From 8:30 - 9:15 am boys 7/8<sup>th</sup> grade, 9:15 - 10 am girls 7/8<sup>th</sup> grade, 10 - 10:45



am boys 5/6<sup>th</sup> grade, 10:45 - 11:30 am girls 5/6<sup>th</sup> grade,  
11:30 - 12:15 pm boys 3/4<sup>th</sup> grade and 12:15-1 pm girls  
3/4<sup>th</sup> grade. All clinics will be located at the Morgan High  
School gym.

**P&R INTERMEDIATE/SENIOR BOYS AND GIRLS  
BASKETBALL 5<sup>th</sup>- 8<sup>th</sup> GRADE**

This program is open to all kids in grade 5<sup>th</sup> through  
8<sup>th</sup> interested in continuing to develop their basketball  
skills. The team will practice one night during the week  
and all games are played on Saturdays only at Morgan  
and Eliot gyms. The cost for this program is \$55 per  
player and that includes the team shirt. Registration can  
be done online at parkrec.clintonct.org or picking up a  
flyer at our P&R office located at 201 Killingworth  
Turnpike, Clinton. The program runs from November  
9<sup>th</sup> 2019 through March 21<sup>st</sup> 2020.

**P&R JUNIOR DIVISION BOY AND GIRLS  
BASKETBALL 3<sup>rd</sup> & 4<sup>th</sup> GRADE**

This program is open to all kids in 3<sup>rd</sup> and 4<sup>th</sup> grade  
interested in continuing to develop their basketball  
skills. All games for this division are played on Saturdays  
only at Morgan and Eliot gyms. The cost for this pro-  
gram is \$55 per player and that includes the team shirt.  
Registration can be done online at parkrec.clintonct.  
org or picking up a flyer at our P&R office located at 201  
Killingworth Turnpike, Clinton. The program runs from  
November 9<sup>th</sup> 2019 through March 21<sup>st</sup> 2020.

**P&R BASKETBALL FOR 1<sup>st</sup> & 2<sup>nd</sup> GRADE**

This program is open to all kids in 1st and 2nd grade  
interested in continuing to develop their basketball skills.  
All games for this division are played on Saturdays only  
at Joel School. The cost for this program is \$45 per  
player and that includes the team shirt. Registration can  
be done online at parkrec.clintonct.org or picking up a  
flyer at our P&R office located at 201 Killingworth Turn-  
pike, Clinton. The program runs from January 4th 2020  
through Feb 2020.

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Middlesex Health Cancer Center's Comprehensive Breast Center helps identify women who may be at high risk for breast cancer due to family history or benign breast disease. It also monitors and treats women who have an established high risk for breast cancer and helps patients in treatment or recovery.

Women who are identified as being high risk, or who think they might be at high risk, are encouraged to either make an appointment with the center directly or ask their primary care physician for a referral. Within the center, the scheduling of diagnostic tests and a meeting with a breast surgeon can happen on the same day.

Middlesex Health Cancer Center is accredited by the National Accreditation Program for Breast Centers. The Comprehensive Breast Center is located at 540 Saybrook Road in Middletown. The same services are also offered at the Middlesex Health Shoreline Medical Center in Westbrook. To contact the center, call 860-358-2780.

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**Thanks to you, by combining our resources, we are able to make even the smallest gift have a big impact** - through charitable funds that support not only animal welfare, but also arts and culture, health and social services, education, the environment, history, civic improvements, recreation, and economic security and opportunity.

**We celebrate all of you who share the same desire to help our local community thrive today, and tomorrow.**

**We invite you to learn more by calling us or visiting us online.**





Clinton Education Foundation

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Please also join us in thanking our awesome Silent Auction and Raffle Donors. With the participation of all of these community members, our Tournament has continued to grow enabling CEF and the Lions to support many programs for our Clinton community. Take a moment to view our Donors' names placed in various locations throughout the Club.

**Save the Date: Monday, June 22, 2020 for our next annual tournament!**

# Holiday Food Safety

With colder weather upon us, the joyful holiday season is fast approaching. Feasting with family and friends is one of the most memorable and cherished activities of the season.

## Follow these simple tips to keep food safety a priority.



Be sure to wash hands with soap and water during key times where germs are likely to spread, such as before, during, and after preparing food, after touching raw meat, before eating or drinking, after using

the restroom, after touching an animal, and after blowing your nose, coughing or sneezing.

Cook food thoroughly and use a food thermometer to confirm proper cooking temperatures.



Keep meat, poultry, seafood, and eggs separate from all other foods while being transported and stored.

Use pasteurized eggs for dishes containing raw eggs.

Always ask if your guests have allergies to certain foods, such as dairy, nuts, eggs, fish, shellfish, wheat, or soy.

Keep foods out of the temperature danger zone (42°F - 134°F). Bacteria can rapidly grow at room temperature. The temperature in your refrigerator should be set at 41°F or less. If the holiday party is a prolonged one, be sure to keep hot food hot and cold food cold. Hot food should be hot held at 135°F or more and cold food should be cold held at 41°F or less.

Specifically for Thanksgiving, safely thaw your turkey in the refrigerator and avoid thawing on the counter. A turkey must thaw at a safe temperature to prevent harmful bacteria from rapidly growing.

Take extra care if you're pregnant or immunocompromised, or preparing food for someone who is. Avoid raw or unpasteurized dairy products such as milk and soft cheeses. Avoid drinking raw or unpasteurized juice and cider.

If you have any questions regarding food safety, please contact the CT River Area Health District at 860-661-3300.

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# Fun with a Purpose: Family Festival Supports At-Risk Boys Fund

It was a perfect September afternoon at the Chester Fair Grounds on September 21<sup>st</sup> to bring out great people, great cars and great blues musicians to support a great cause – the At-Risk Boys Fund. The idea of a family-friendly fundraiser originated with the first Cruise, Blues, & Brews festival in 2015. This year was the fifth consecutive year of the festival.

Established in 2013 at the Community Foundation of Middlesex County, the At-Risk Boys and Young Men Fund Committee's mission is to help young men and boys reach their full potential by funding programs that focus on family stability, mentoring, education, self-respect and self-confidence, career skill development and provide positive work and life experiences. Thanks to the generosity of our donors and funds raised through the festival, grants of over \$15,000 were awarded in 2018/19 and grants of nearly \$80,000 have been made since the fund's inception.

Working in partnership with local nonprofits, the At-Risk Boys Fund has helped hundreds of boys grow up to be successful and productive members of our communities. Recent grants have funded legal services to help homeless youth and families and support advocacy programs for children in foster care. In addition, funded programs empower young men and boys through one-on-one, community-based mentoring that provides positive experiences and support. Find out more at: [AtRiskBoysFund.com](http://AtRiskBoysFund.com).

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# The Probate Court and You



Judge Jeannine Lewis, Saybrook District Probate Court. \*Please note: The Saybrook District Probate Court serves 9 towns: Chester, Clinton, Deep River, Essex, Haddam, Killingworth, Lyme, Old Saybrook and Westbrook.

The classic definition of real property is land and everything attached or affixed to it by nature or the hand of man, from the core of the earth to the center of the heavens. When a person dies owning real property in Connecticut, the Probate Court assists in a number of ways to ensure title to that property is either distributed to the heirs or beneficiaries of the person who died, or by helping to ensure clear title so that the property can later be sold. A common scenario arises when one spouse in a married couple

passes away, and all assets, including their home, are jointly titled. It is a mistaken belief that because the real property is held jointly, that probate involvement is unnecessary. The Probate Court is designated by the legislature to determine whether a decedent died with a Connecticut taxable estate. When an estate is deemed to be nontaxable, the Probate Court issues a release of lien that gets recorded in the land records in the town where the decedent owned the real property. This release of lien is required for the eventual sale of the home. In the scenario where all assets are jointly owned between spouses, full probate may not be needed, and a Tax Purposes Only Estate may be appropriate.

**Tax Purposes Only Estate** – If a person dies owning no solely owned assets (can own joint assets or assets that pass by beneficiary designation such as life insurance), the Probate Court can issue a release of lien for any real property jointly held once the following paperwork has been filed: certified copy of the decedent's death certificate, the deed to the real property, and a Connecticut Estate Tax Return (Form CT -706 NT) if assets total \$3,600,000 or less in 2019. For further information, contact the Saybrook District Probate Court at (860) 510-5028.

Contact: Sharon Tiezzi, Chief Clerk  
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# Estuary Council Annual Holiday Craft Fair

The Estuary Council's senior center, located at 220 Main St. in Old Saybrook, is having its annual Holiday Craft Fair on Sat. Nov. 23, from 8-1. We will have over two dozen artisans and vendors displaying their handmade items, including artwork, quilts, pottery, photo cards, jewelry, baby items, ornaments and much more. Santa will make an appearance from 9-11 to visit with young and old. A light breakfast will be available as well. See you at the fair.

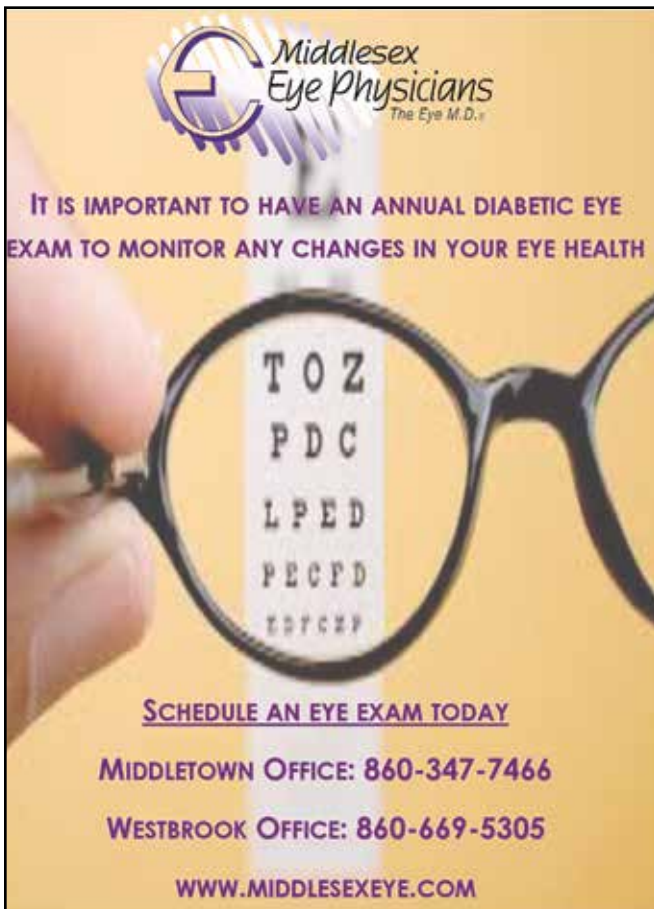
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## The Hartford Whalers – Forever and Always

by Sigrid Kun



Longtime Whalers radio broadcaster Chuck Kaiton leads pre-game ceremony with Whaler Alums at Yard Goats Alumni Weekend. Photo courtesy Hartford Yard Goats.



The iconic logo is omnipresent. There are Hartford Whalers hats, t-shirts, and sweatshirts seemingly everywhere. It doesn't take much to get the conversation going. Bumping into someone with Whalers' gear spawns a trading of stories, a bonding moment full of laughs and nostalgia. Why do we still care so much, yearn for the past, and continue to hope for the future?

Alums like Chuck Kaiton, the beloved voice of the Whalers and John Forslund, former Whalers PR director/television broadcaster and now television broadcaster for the Carolina Hurricanes and NBC, provide some answers.

They fondly recall the Whalers as a pioneering organization that focused its efforts around the community and the fans. Together, they can compile a number of firsts: the first National Hockey League (NHL) team to earmark a charity as its own (the UConn Children's Cancer Fund); the first NHL team to have a team store right in the arena; the first NHL team to boast a blimp that dropped prizes and gift certificates to the crowd. Kaiton points out that the Whalers came up with the idea for a skills competition for the 1986 All-Star game held in Hartford. The team spearheaded youth hockey development that ultimately evolved into today's local elite programs. "We were ahead of our time," explains Kaiton. "Speaking engagements, school visits. It cemented the relationship between the team and the community. The 1980s were a great period with a lot of innovation that has carried into today."

Forslund agrees. The tradition continued into the 1990s with events like the "Tip-a-Whaler" fundraiser (soon after adopted by the Kings) and Casino Nights (also later in vogue). "When we had PR and marketing meetings, we talked about programs with high schools and boys and girls clubs. It was grass roots." The community connection remains, he says, due to the hands on nature of the team.

The history is also special - beginning with the upstart World Hockey Association (WHA) to become the only U.S. based WHA team to enter the NHL in 1979. There are so many names and moments. Gordie Howe, of course. The playoff run in 1986. And there were the low moments. The Ron Francis trade in 1991. The ultimate heartbreak? The move to Carolina.

The Whaler passion endures. For the past three years, the Hartford Yard Goats host a Whalers Alumni Weekend. "It's terrific," says Kaiton. He, among other Whalers, attends every year. The weekend kicks off with tradition - visiting patients at the UConn Health Center. A luncheon on Saturday precedes the first pitch that is thrown out by the Whalers alumni. There is an autograph session.

The Whalers Booster Club continues a presence. Once down to 30 or so members it is 140+ strong.

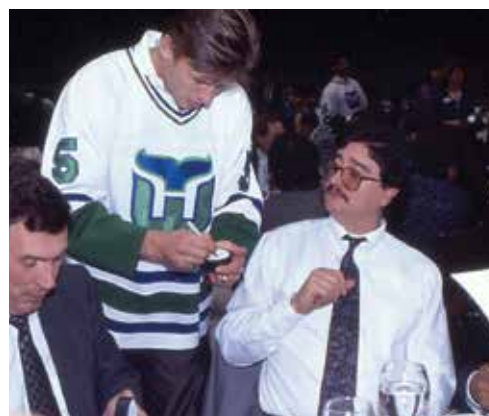
The club meets monthly. It provides for an annual scholarship for a CT student, organizes a trip to see at least one NHL game a year, and continues to hope for a Whalers return. "We do what we can to try to bring back a team," says Mark Anderson, a member since 2011. "Since we can't do it with money, we keep the name out there. We keep the spirit alive."

There are Whalers, too numerous to mention, still making a hockey impact. A few examples include; Joel Quenneville (Florida Panthers' coach), Dave Tippett (Edmonton coach), Ron Francis (Seattle GM), Mike Liut (agent), Ray Ferraro (broadcaster), and Mark Johnson (University of Wisconsin women's coach).

Both Kaiton and Forslund refer to the Whalers in terms of "we." Kaiton was there for the NHL start. "I was the luckiest person to be chosen and to broadcast from day one. I will never forget it. The relationships with management, the players, the fans ... so passionate. I really cherish the memories. 18 years - I wish it were 28 or 38." Forslund joined the Whalers shortly after the Francis trade. "We were doing damage control," he recalls. The ticket base went from over 11,000 to around 6,000." But there were still high moments. "We got through a lot of adversity. The fans came back. We wanted to be more competitive. The team was good enough to make the playoffs."

Forslund vividly recalls broadcasting the last Whalers game. It took him until a few years ago to actually watch. He wasn't sure he had done the moment justice. "It was the toughest thing I've ever done in my career," he notes. "How do you go on the air for the last game? There's no playbook for closing a franchise and leaving a city. How do you present that so it makes sense... is poignant? No one wanted to see it happen. We did [the broadcast] in the right way. You could feel the emotion of the fans."

As Kaiton puts it the Whalers years "were special years and it was a special place." The same goes for Forslund. "That's the one thing to convey, how special that time was... It was like family."



Ulf Samuelsson signing a hockey puck at the "Tip-a-Whaler" fundraiser. Photo by Diane Sobolewski Photography.



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